

Weekly Newsletter

BEHAVIOUR UPDATE

Supporting our pupils to manage their own behaviour and develop into respectful and empathetic young people is one of the most important things we can do as a school. We do this through the broad curriculum we provide (including a comprehensive PSHE curriculum and aspects such as being a Rights Respecting School) and equally importantly in how we as adults approach the hundreds of interactions we have over the course of the average week with individual pupils and larger groups.

We are very proud of the way the children develop over their time with us at CHPS; overall levels of respect are incredibly high and this is often commented upon by visitors to the school and also when we take children on educational visits and residential. We celebrate this through things like weekly awards and 'Diamond Stickers' for amazing effort and adherence to the school rules (see below) but more importantly in the smaller, regular, encouraging interactions adults in school have with the children every day.

Supporting pupil behaviour is often referred to as a team sport and as such is an area in which it's really important that, as much as possible, school and home are united. Clearly there are times when we need a collaborative approach to supporting pupils exhibiting more negative behaviour and we very much appreciate the relationship we have with parents when this is the case. To add further structure and support to this we are changing this element of our behaviour policy to include five stages, all of which feature two elements - one which may be described as a 'sanction' (e.g. loss of free time), and one designed specifically to support improvements in behaviour over time (which may involve conversations with parents and in some cases a specific behaviour plan).

Changes in notification of instances of negative behaviour

Part of the new approach includes the introduction of MCAS notifications for parents if their child has exhibited behaviours indicative of 'Stage 2' (of the five level scale) meaning they have missed some of their free time.

As part of this, the children will take part in a restorative conversation with a member of staff and following this the expectation is that they themselves will relay the behaviour that has led to this to you as parents. This is intended to encourage the children to take ownership of their behaviour; as such, it may well be that no conversation directly between parents and Class Teacher is needed (although it may be there are certain circumstances where a staff member may reach out for this purpose).

The full updated policy will be shared next week with details of the five stages and behaviours which may prompt them.

ZONES OF REGULATION

From time to time, all of us find it hard to manage strong feelings such as worry, anger, restlessness, fear or tiredness, and this stops us from getting on with our day effectively. This year we are starting to teach the children an approach to help with this called Zones of Regulation.

Zones of Regulation is a self-regulation approach to help teach children the ways we can categorise all our feelings and emotions into four concrete-coloured zones - green, yellow, blue and red. The Zones framework provides strategies to help teach children to become more aware of, and independent in, identifying their emotions, managing their sensory needs, and improving their ability to problem solve conflicts.



School Rules

We are respectful

Everybody is valued and respected

We do our best

Everybody takes pride in all that they do

We make good choices

Everybody reflects on their behaviour and learns how to make good choices



Bravery



Citizenship



Curiosity



Gratitude



Integrity



Kindness

Article 8

Every child has
the right to an
identity



INSTAGRAM ACCOUNTS

A reminder that for those of you wanting to follow our Instagram accounts, you need to request to follow the relevant feed on the Instagram app **and** fill in [this form](#).

We keep all our accounts private and ask for the above form to be completed so we can cross check any follower requests with the details we have registered in school for an added layer of security.

IS YOUR CHILD STRUGGLING TO SLEEP?

Start Well Stockport offer a range of support including an upcoming session for parents whose children struggle with sleep.

The session will include useful information about understanding sleep cycles, establishing bedtime routines, and how to support children's sleep patterns.

Date: 9th October 2025 or 4th December 2025

Time: 9.30 - 12pm

Location: Microsoft Teams

Further details of this course including how to book can be found by clicking on this link.

We also thoroughly recommend the One Stockport Family Hub app for a colossal range of free support for families - [this can be accessed here](#).

We would also of course direct parents to the Family Support page of our school website which can be accessed by clicking on this link.

PTA - UPCOMING EVENTS

Thank you to all members who joined us for our AGM earlier this week to review an amazing 2024/5 and look ahead to this years events.

Christmas Fair planning event - Monday 13th October (7.30pm) - Brezo Cheadle

Discos - Thurs 6th November* - [buy tickets here!](#)

Christmas Fair - Friday 5th December

***Disco timings:**

Pre School / Reception - 2-3pm

Years 1-3 - 3.15-4.15pm

Years 4-6 - 6-7pm

Don't forget to follow us on [instagram](#) and [facebook](#) for details of further future events including our annual winter wreath making night!

DATES FOR THE DIARY

8th Oct - Flu vaccinations (Reception - Year 6)

8th-9th Oct - Parents' Evenings

9th Oct - Peter Brown Author Visit

14th Oct - Academy Committee Meeting

24th Oct - Open Morning for prospective parents

24th Oct - Last day of term

3rd Nov- INSET Day

6th Nov - PTA Discos

13th Nov (5-6pm) - Parent Council

5th Dec - PTA Christmas Fair

17th Dec - KS2 Carol Concerts (10am & 6pm)

19th Dec - last day of term