

Reception PSHE Medium Term Plan - Autumn



Theme: Relationships

Sub-themes:

Families and friendships

Safe relationships

Respecting ourselves and others

Core Substantive Knowledge	Key Vocabulary	Key Questions
Families and Friendships: Roles and Feeling Cared For Children learn: - Recognise and respect all types of families, understanding they all share love and care. - Learn what makes a good friend and how to be kind, inclusive, and supportive. - Develop respectful ways to handle disagreements and fallouts. - Appreciate the value of having multiple friends and diverse social connections.	extended family, diversity, step mum/dad, foster family, adoptive family, single parent family, sharing, listening, emotions, multiple, positive, explain, hurtful, resolve, arguments, conflict, co-operation	- Who is in your family? - What makes a good friend? - Can I have more than one friend? - How can I resolve conflict or disagreements?
Safe Relationships: Privacy and Permission Children learn: - Identify and describe emotions in themselves and others using stories and examples. Learn about personal space and how to respect others' boundaries. - Understand body privacy and safety through NSPCC's Talk PANTS and the Underwear Rule.	Synonyms for happy, sad, angry, personal space, touching, comfortable, uncomfortable, private parts, underwear, belongs	- What different emotions can we feel? - Is it okay to hug to everyone? - How can I keep my private parts safe?
Respecting Ourselves and Others: Kindness and Respect Children learn: - Learn what makes them special and celebrate differences. - Understand effort, obstacles, and the value of persistence. - Recognise that we're all unique but share similarities. - Build confidence by embracing challenges and learning from them.	unique, special, similar, different, effort, choice, resilience, goals, obstacles, overcome,	- What makes you special? - How are you similar/different to your friend(s)? - Why do we not give up? - How can you overcome a challenge/obstacle?