Year 2 PSHE Medium Term Plan - Autumn

Theme: Relationships

Sub-themes:

Families and friendships Safe relationships



Respecting ourselves and others		
Core Substantive Knowledge	Key Vocabulary	Key Questions
Families and Friendships: Making Friends, Feeling Lonely, and Getting Help	Friendship, respect, feelings,	How can I be a good
Children learn:	honesty, emotions, arguments,	friend?
Qualities of a good friend	disagreements, resolutions,	How can I resolve an
How friendships form and different ways people meet	emotions and positive	argument with my
Positive play strategies		
 Common causes of arguments and how to resolve them constructively 	relationships.	friends?
How to recognize loneliness or unhappiness in themselves or others		
How and when to seek help for emotional wellbeing		
Safe Relationships: Secrets, Pressure, and Hurtful Behaviour	Hurtful, bullying, anti-bullying,	What do I do if someone if
Children learn:	physical contact, internet,	bullying me?
To recognise hurtful behaviour, including online	online, safe, worried,	How do I ask for help if I
What bullying is and how it affects people	uncomfortable, help, trust.	feel unsafe or worried?
Who to tell and what to do if they see or experience hurtful behaviour	andomior table, melp, trasti	recruitsare or worried;
The difference between safe surprises and worrying secrets		
How to resist pressure to do unsafe or uncomfortable things		
How to ask for help and use the right words when feeling unsafe or worried		
Respecting Ourselves and Others: Cooperation and Sharing Opinions	Similarities, differences,	 What do I have in
Children learn:	common interests, community,	common with my friends?
What they share in common and how they differ from others	belonging.	 Do we have the same
That friends can be similar or different	Cooperative learning, turn	interests?
How to cooperate in play and group work	taking, sharing, listening,	 How can I work well with
How to express ideas, listen, and take part in discussions respectfully	citizenship.	someone else?