

Year 3 PSHE Medium Term Plan - Autumn



Theme: Relationships

Sub-themes:

Families and friendships

Safe relationships

Respecting ourselves and others

Core Substantive Knowledge	Key Vocabulary	Key Questions
Families and Friendships: Caring families Children learn: - To recognise and respect that there are different types of families - A family provides support, stability and love - Positive aspects of being part of a family - Different ways that people can care for each other - How a family might make someone upset or worried - What to do and whom to tell if family relationships are making them feel unhappy or unsafe	Friendship, relationship, brother, sibling, nephew, uncle, stepdad, relative, stereotype, extended, blended, change, hope, worry, conflict	- What are family relationships? - What different family structures are there? - How can feelings change in a family?
Safe Relationships: Social group interaction and bullying Children learn: - What is appropriate to share with friends, classmates, family and wider social groups including online - Privacy and personal boundaries, including online - Basic strategies to help keep safe online - That bullying and hurtful behaviour is unacceptable in any situation - Effects and consequences of bullying for the people involved - Similarities and differences of online and face-to-face bullying - Where to seek support if they see or experience bullying or hurtful behaviour	Personal space, personal boundaries, permission, respect, bullying, conflict disagreement support, consent, boundaries, right opportunities, risks, protecting, suspicious	- What are personal boundaries and how do they differ? - What is bullying? - How do I say no? - How can I stay safe online?
Respecting Ourselves and Others: Respect and Courtesy Children learn: Respectful behaviours e.g. helping or including others, being responsible	Respect, bullying, rules, cyberbullying, self-esteem, editing apps, anti-racism,	- What is respectful behaviour? - Is life online idealised or reality?

• How to model respectful behaviour in different situations e.g. at home, at school, online • The importance of self-respect and their right to be treated respectfully by others • What it means to treat others, and be treated, politely • Ways in which people show respect and courtesy in different cultures and in wider society	manners, kindness, character trait, unique, similarities, culture	• How can I be polite? • Does everybody greet each other in the same way?
--	--	--